

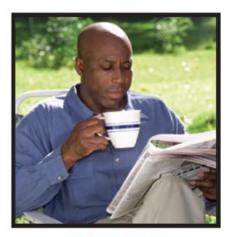


DEFEND YOURSELF USING THE 4Ds:



DUSK/DAWN

Protect yourself during dusk and dawn hours when mosquitoes are most active is when infected mosquitoes



DRESS

Wear long sleeves/pants loose and light colored clothing when outdoors



DEET

Use insect repellant that contain DEET



DRAIN

Remove all areas of standing water

